**Global Sustainable Food Systems Household Food Waste Diary**

This Household food waste diary is based on WRAPs guide. Please use this to collect data on your household food waste for a 1 week (7 day) period. This should include data on the size of the household, the location, and some general information about the occupation of the members of the household (broad category of occupation such as child, carer, full time worker, part time worker, full time education).

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| What?Full description of the food/drink waste | How was it purchased? | Pack size?(original pack size when purchased?) | State? Was it cooked/prepared or served before being thrown away? | How much was wasted? Weight? Volume? Number? | How was it disposed?  | Why?Why was it wasted – bought too much, beyond use by date?  |
|  | Frozen | Tinned | Chilled/fresh | Takeaway | Homemade/grown | other |  | Cooked/ prepared | Original state |  | General waste bin | Food waste bin | sink | Home compost | Fed to animal |  |
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